

MHAC MINUTES

Minority Health Advisory Committee (MHAC)		
11.8.2016	10:00 – 11:30 AM	CPH Room 119C
Meeting called by:	Ryan Johnson – OMH Program Director	
Type of meeting:	Bimonthly Advisory Meeting	
Facilitator(s):	Ryan Johnson, Emily Fisher, Ali Segna	
Note taker:	Tara Tucker	
Attendees:	<div><div><ul style="list-style-type: none">Jesus Ovalle (CPH)Hibo Noor (CPH)Ali Segna (CPH)Jaclyn Kirsch (CRIS)Lauren Fitting Skeens (Lifeline of OH)Isi Ikharebha (Physicians Care Connection)Allison Payten (OH Health)Christina Rizzi (CPH)Amanda Hofer (CPH)Tara Tucker (CPH)Hamid Abdullah (OSU)Valerie Huang (Nationwide Children’s Hospital)Bill Hesse (American Diabetes Assn.)Jane Dickson (CPH)Rob Braun (Otterbein University)Maria Ramos (Mt. Carmel Outreach)Makeda Porter (CPH)Angie Irizarry (Buckeye Health)Dayra Vazquez (Ohio Hispanic Coalition)</div><div><ul style="list-style-type: none">Anna Mendlein (CPH)Michelle Vargas (ODH)Amber Jones (CPH)Iham Jama (CPH)Carla Fontain (Nationwide Children’s Hospital)Ryan Johnson (CPH)Lindsey Latscha (CPH)Emily Fisher (CPH)Taylor Smull (CPH)Mackenzie Aughe (CRIS)Elise Fester (CPH)Sandra Scott (ODH)Nora Hesse (OSU Extension)Bilan Hussein (CPH)Oluseun Aluko (CPH)Anaemy Danner (Otterbein University)Chip Allen (ODH)Hawa Farah (United Health Care)Kadi Banjoko (CPH)</div></div>	
Item One: Access to Care		
10 Minutes	Emily Fisher	
Discussion:	Access to Care Presentation	
<div><div>OVERVIEW</div><div><ul style="list-style-type: none">OH has over 630K persons still uninsured40% are Medicaid eligibleMany are in need of enrollment education including insurance terms and use of coverageAssistance is available for their needs (Access to Care)Initiatives include determining how to get uninsured persons enrolled and provide health literacy and empowerment to them</div><div>BARRIERS</div><div><ul style="list-style-type: none">12% of adults have only basic health literacy14% have none, and report poorer health, are less likely to take charge of health issues leading to chronic diseases and other healthcare issuesMore likely to use ER facilities and have greater healthcare costs as a resultMore likely to skip preventative care</div></div>		
Action Steps:	<div><ul style="list-style-type: none">2-Step Process for Access to CareInternal<ul style="list-style-type: none">-Decrease uninsured by 10%; accomplished over the year 2015-2016 from 59% to 47%-Accomplished via staff training of services, information availability for consumers, consumer surveys-Staff Resource Room with enrollment assisters-Promotion of Resource Room with Assisters and Social Workers availableExternal<ul style="list-style-type: none">-Promotion via various agencies like “Homeport” with smoking cessation and health insurance programs-Partner with other programs such as Healthy Children Healthy Weights</div>	

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Next Steps:		Person Responsible	Deadline
Health Literacy Survey-to gain better understanding of needs		Access To Care	TBA
Expand and identify community and agency partners		Access To Care	TBA
Build health toolkit in multiple languages with basic (culturally relevant) information [to be accessed via CPH website]		Access To Care	TBA
Expansion and implementation of Presumptive Eligibility (PE) initiative which provides temporary Medicaid coverage until full coverage is verified (certain conditions do apply)		Access To Care	TBA
Ask:			
<ul style="list-style-type: none">Requesting additional information from community partners on how to expand the program even moreWill forward PowerPoint slides to MHAC for further information and review			
Item Two: Chronic Disease Team (CPH)			
40 Minutes	Ali Segna/Katie Stone		
Discussion:	Health Gatherings Presentation (Physical Activity, Breakout Sessions)		
<ul style="list-style-type: none">Healthy Gatherings presentation for kids, coworkers, family eventsKey messages include 'Water First for Thirst' message picked up statewide and growingResources for Healthy Gatherings are available on website (campaign) including posters, handoutsToolkit available (Katie)<ul style="list-style-type: none">-Bag includes spoons, bowls, water pitchers for sign out (@CPH) for a healthy meeting-DIY potluck bar ideas available (i.e. taco bar)-Expanding to other city buildings, entities-Training on wellness, ambassadorships, community partners-Those that are trained will receive a free kit to learn how to use			
QUESTION ONE:	What resources and/or tools are missing to make the policy, system, and environmental changes in your own organization or community you serve?		
RESPONSES:	<ul style="list-style-type: none">Include more diverse choices of foodTranslation into different languagesBetter explanation of what is in foods for healthier optionsMake resources culturally relevant, specific, and relatableAdd pictures to the food names and costsOffer cost effective alternatives and ideas on where to find such foods (i.e. stores, markets, etc.)Provide alternatives for community based family friendly physical activities that take transportation issues into considerationOffer more vegetarian, vegan, and gluten free alternativesOffer healthy desserts and catering alternativesAdd more easy-to-use tabs and picturesOffer nutrition facts as alternatives to certain foods (i.e. A vs. B)Be realistic about changes and alternativesNote use of different spices for flavor of foodsBe specific about certain meal times (i.e. lunch vs. dinner)DIY Blank page to have people develop their own meal bars/plans		
QUESTION TWO:	What resources or tools are ready out there that should be included?		
RESPONSES:	<ul style="list-style-type: none">Affordable food stores (i.e. Aldi's, Marc's)Building on discussion of protective factors to avoid for development of more serious diseases (i.e. obesity link to breast cancer)Community partners that can discuss the toolkits, expand, and explain information into minority populationsNeighborhood advisory committeesSuggestion of at home physical activities (i.e. dancing, outdoor/indoor play, cleaning)		
Next Steps:		Person Responsible	Deadline
Workshops in process of development on how to train others (Policy, Systems, Environmental Change-PSE)		Chronic Disease	Beginning 2017
Guidelines will be available within the kit that are currently being drafted including step-by-step changes rather than changes occurring all at once to help move toward better food choices overall		Chronic Disease	TBA

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Item Three: Committee Announcements	
25 Minutes	All
Ryan Johnson: OMH	MHAC Meeting January 10, 2017
<ul style="list-style-type: none"> • Preparation will begin for Minority Health Month (MHM-April 2017) with Hibo and Jesus • Overview of Health Equity and CPH • Local Conversations Final draft to be presented • Kirwan Institute report findings shared • Raising of American <ul style="list-style-type: none"> -Will tie into the work of the MHAC • Local Food Action Plan (LFAP): 291 persons provided feedback on the presentations given throughout the city by CPH program director Cheryl Graffanino <ul style="list-style-type: none"> -Currently working on implementation strategy -MHAC will also work closely with Cheryl to bring updates 	
Emily Fisher: CPH	Upcoming Health Access to Care event
<ul style="list-style-type: none"> • Linden Medical Center to host the event • Flyer attached to meeting minutes email • Event is from 10-2 this Saturday 11/12/16 • Features free or reduced cost flu shots, health screenings, assisters with Access to Care • Contact info: eefisher@columbus.gov 	
Rob Braun: Otterbein University	Interns
<ul style="list-style-type: none"> • Otterbein students in PH program are available for volunteer work in the community for various events • Contact info: Email: rbraun@otterbein.edu 	
Amber Jones: CPH	Tobacco Free Collaborative (TFC)
<ul style="list-style-type: none"> • Description of TFC initiatives, updates, and upcoming meetings • Discussion of plans for 2017 • Meet 2nd Wednesday of each month at CPH • Contact info: acjones@columbus.gov 	
Bill Hesse: American Diabetes Association	Introduction & Announcements
<ul style="list-style-type: none"> • New director of ADA in Columbus • November is National Diabetes Month • Contact info: www.diabetes.org • Organization is completely volunteer based with a focus on such initiatives as corporate wellness 	
Jaclyn Kirsh: CRIS	Announcement
<ul style="list-style-type: none"> • Great article circulating regarding New Americans in Central OH and their rising ability to be successful in the USA • Dispels myth of community as a lag on financial resources on the country and other negative rhetoric • Google 'New Americans impact in Central OH' for article 	